



Date of Event: 29th Nov 2022

Venue: Da Vinci Auditorium

Report on Sexual Harassment and Mental Health at workplace (Prevention, Prohibition and Redressal)

Objective:

To determine the values and extent to which the faculty can attentively assess emotional and behavioural approach within the campus enabling to bring the employees under healthy environment.

In compliance to our objective, we organised an interactive session amongst the faculty members, management team and the staff members were addressed by the professional Dr. Ragini Singh – Psychotherapist, Stress Management Department, Yashoda Hospital, Ghaziabad.

During the Professional addressal on Sexual Harassment and Mental Health at workplace, the bold points emerged as

- The behavioural approach vis a vis psychology of human play vital role to distinguish each other, it may be to either side of mutual understanding, attraction, affectionate and cooperatives. All such consequences and occurrences have been reactive to neurotic problems for tranquillizing satisfaction and result record as harassment in either form defined as Sexual or Mental Health.
- It was reiterated that cultural behaviour within the society or community or family generate dominance nature, which may be noticed through body language, speech vibration, indicative gestures and offensive communication.
- Prevention is better than cure – Punctuality on day activities, involvement with genuine discussions, exit to offensive communications, sharing the convictions in mind and reporting culture and few in broad terms to check and prevent such incidents, which cause harassment.
- Harassment either in terms of Sexual or Mental is the terminology used for human being and not specific to one sex means it may imply to female as well as to male also.

The session was very interactive and faculty members shared their experiences and thought to understand the definition of harassment and categorized many acts into two broad terms – Sexual and Mental Health.

Event Coordinator

Dr. Malvika Chaudhary

Composed by

Dr. Alka Srivastava

Convener

Dr. Alka Srivastava